

**ST. THOMAS' SCHOOL, AGRA**  
**Half yearly examination (2024-25)**

**Sample paper**

**Class: VII**

**English Language**

**Max. Marks: 80**

**Name:** \_\_\_\_\_

**Section:** \_\_\_\_\_ **Roll No.:** \_\_\_\_\_

**Section - A: Reading**

Question 1: Read the passage carefully and answer the given questions that follow. [6]

A healthy lifestyle is crucial for our well-being. It involves making good choices about what we eat, how much we exercise, and how we manage stress. Adopting a balanced diet and regular physical activity helps maintain our physical health and prevent chronic diseases. Moreover, mental health is just as important; managing stress through relaxation techniques or hobbies can improve our overall quality of life.

A balanced diet includes various nutrients from fruits, vegetables, grains, and proteins. Regular exercise, such as walking or swimming, keeps our bodies strong and active. In addition, adequate sleep and avoiding harmful habits, like smoking or excessive alcohol consumption, are essential for maintaining health.

Embracing a healthy lifestyle can also lead to better productivity and mood. It is a commitment to oneself that pays off in both physical and mental health, ultimately leading to a more fulfilling life.

Answer the following questions with reference to the passage given above:

- (1) What constitutes a healthy lifestyle according to the passage?
- (2) List the components of a balanced diet mentioned in the passage.
- (3) How does regular exercise contribute to our well-being?
- (4) What are some mental health practices mentioned in the passage?
- (5) Suggest a suitable title for the passage.
- (6) Give meanings of the following words as used in the passage:
  - (a) Crucial
  - (b) Fulfillment

### **Section – B: Grammar**

Question 2: Expand each of the following by adding an adjective clause. [4]

1. The book \_\_\_\_\_.
2. The restaurant \_\_\_\_\_.
3. She wore a dress \_\_\_\_\_.
4. The movie \_\_\_\_\_ was very entertaining.

Question 3: Fill in the blanks with appropriate pronouns. Also identify them as reflexive or emphatic pronouns. [4]

- (1) The teacher herself \_\_\_\_\_ corrected the exams.

(2) They should be proud of \_\_\_\_\_ for their achievements.

(3) We \_\_\_\_\_ need to be cautious about deadlines.

(4) You should do it \_\_\_\_\_.

Question 4: Fill in the blanks with suitable adjectives and also mention their kinds. [4]

(1) This is a \_\_\_\_\_ room.

(2) I have \_\_\_\_\_ plans for the weekend.

(3) She is the \_\_\_\_\_ girl in the class.

(4) He bought \_\_\_\_\_ shoes yesterday.

Question 5: Write whether the given statements are true or false. [4]

1. A clause must contain both a subject and a predicate.
2. An adjective modifies verbs in a sentence.
3. A pronoun is used to replace a verb.
4. The comparative degree of an adjective is used to compare more than two things.
5. An imperative sentence gives a command or request.
6. A sentence fragment is a complete thought.
7. The objective case is used for the subject of a sentence.
8. The possessive form of a noun shows possession.

Question 6: Complete the following sentences as directed. [4]

1. She was reading \_\_\_\_\_. (Simple)
2. The project is challenging \_\_\_\_\_. (Compound)
3. He completed the task \_\_\_\_\_ despite the obstacles. (Complex)

4. They are planning to travel \_\_\_\_\_. (Simple)

Question 7: Identify the subject and predicate in each sentence. [4]

1. The students are preparing for the final exams.
2. She sang beautifully at the concert.
3. How lovely the garden looks today!
4. Write your report by tomorrow.

Question 8: Write the possessive form of the following. [4]

1. A team of players.
2. The painting of the artist.
3. The car belonging to my brother.
4. The houses of the neighbors.

Question 9: Fill in the blanks with suitable abstract nouns. [4]

1. She showed great \_\_\_\_\_ in overcoming her challenges.
2. The athlete's \_\_\_\_\_ was evident during the competition.
3. \_\_\_\_\_ was all she felt after receiving the award.
4. After the lecture, he was filled with \_\_\_\_\_.

Question 10: Complete the following sentences with relative pronouns. [4]

1. The book \_\_\_\_\_ she borrowed was interesting.
2. The place \_\_\_\_\_ we visited was beautiful.

3. I have a friend \_\_\_\_\_ always helps me with my studies.
4. The letter \_\_\_\_\_ you sent arrived yesterday.

Question 11: Fill in the blanks with correct degree of comparison of the given adjectives. [4]

1. This puzzle is \_\_\_\_\_ (difficult) than the last one.
2. Who is the \_\_\_\_\_ (tall) player in your team?
3. This is the \_\_\_\_\_ (exciting) book I have read.
4. His new phone is \_\_\_\_\_ (affordable) than the old one.

Question 12: Write the direct and indirect objects in the following sentences. [4]

1. The chef cooked us a delicious meal.
2. Please hand me the report.
3. She told him a wonderful story.
4. They gave their friend a lovely gift.

### **Section – C: VOCABULARY**

Question 13: Write one word for the given statement. [5]

1. Able to adapt easily to new situations.
2. A person who makes a detailed study of a subject.
3. An intense fear of spiders.
4. One who avoids attention or publicity.
5. Language used in casual conversation.

Question 14: Write the meanings of the given idioms and also frame sentences with it. [5]

1. To get cold feet.
2. A blessing in disguise.
3. To hit the nail on the head.
4. Under the weather.
5. To break the ice.

#### **Section - D: COMPOSITION**

Question 15: Write an essay on any one of the following topics. [5]

(1) Describe an interesting field trip you took with your class and what you learned from it.

**Or**

(2) The impact of technology on modern education.

Question 16: Suppose you are Aditi/ Aarav, a student of class VII at Bright Future School. Write a letter to the principal requesting leave to attend a sports competition. [5]

Question 17: You are Priya/ Raj, the Event Coordinator of your school. Your school is hosting a Talent Show for classes VI – IX. Write a notice to be displayed on the notice board, giving all necessary details for the event. [5]

**Or**

Write an email to your cousin asking about their recent vacation trip.

Question 18: Write a paragraph on 'The importance of maintaining a work-life balance'.  
[5]

**Or**

Draw a poster highlighting the significance of environmental conservation.